

The Art of Being Heard and Seen

Monday, July 22nd 1:30-3:30pm

Cynthia & Tommaso with Kurt and Dario

Big Idea:

To really see, you need to allow yourself to be seen-Lida Winfield

Goal:

To practice the art of Active Listening/Active Looking, in conversation, movement & visual arts.

To make something beautiful as a group.

Core text: *Maybe Something Beautiful. How Art Transformed a Neighborhood*, by Isabel Campy and Theresa Howell, Illustrations by Rafael Lopez.

Anchor Artwork: Rafael Lopez & Henri Matisse

Time/ Facilitator(s)	Activities	Materials
1:30-1:45 Cynthia & Kurt & Dario	One-to-Ten Building Sculptures <ul style="list-style-type: none">· Call and Response partner dance-· Divide the circle into two groups to see each other's One-to-Ten dances One-to-Ten Sound Responses <ul style="list-style-type: none">- Dario leads group in Sound Partners exercise - create a sound and partner responds. Building Meaning <ul style="list-style-type: none">- Count off around table 1-7- Person 1 reads first stanza of poem and shares ideas, interpretations, and connections in 1 minute. Everyone else listens- Move around table repeating process.- General discussion 5 minutes.	
1:45-2:15 Cynthia & Tommaso	One-to-Ten-Visual Arts-in classroom <ul style="list-style-type: none">· Each participant takes a sheet of construction paper in the gray-to-black scale	<u>Art materials</u> Scissors Glue sticks Grey and black construction paper

	<ul style="list-style-type: none"> With a partner they do the One-to-Ten exercise in visual arts using grey & black cut paper shapes 	
2:15-2:30	<p>Read <i>Maybe Something Beautiful</i> with images by Rafael Lopez And: Rafel Lopez share some of the process for illustrating This is the Day You Begin.)</p> <p>http://blaine.org/sevenimpossiblethings/?p=4726</p>	Powerpoint of <i>Maybe Something Beautiful</i> and images of work by Rafael Lopez
2:30-3:15	<p>Create Maybe Something Beautiful Collaborative collages</p> <p>Look at collages with partner; decide together on an image and color that is inspired by your design. Cut out images in bright colors, create water colors and layer onto your collage.</p>	<p>Art Materials</p> <p>Colored Rice papers Scissors, X-actos Glue</p>
3:15-3:30	Hang up and share work	

Images by Rafael Lopez <https://rafaellopez.com/>